

## JUNIOR SCHOOL SPORT TIMETABLE TERM 1 2019

Sport starts on **Wednesday 16 January** for Grade 3 - 7 girls.

It is compulsory to participate in 2 sport sessions, 1 of which **MUST** be swimming. If your daughter is in the swimming squad **BOTH** sessions are compulsory. Sport sessions end at 15h00. Please allow 10 minutes for the children to meet you at the gate.

SPORT	VENUE	TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Cross Country</i>	TWC	06h30 - 07h00		All Ages		All Ages	
<i>Squad Swimming</i>	TWC Pool	06h15 - 07h00			U11, U12 & Open Squad	U9 & U10 Squad	
		14h00 - 15h00	U9 & U10 Squad <b>Compulsory Squad</b>	U11, U12 & Open Squad <b>Compulsory Squad</b>	U9 & U10 Squad <b>Compulsory Squad</b>	U11, U12 & Open Squad <b>Compulsory Squad</b>	
<i>Non-Team Swimming</i>	Eagle Ridge	14h00 - 15h00	U9 & U10	U11, U12 & Open	U9 & U10	U11, U12 & Open	
<i>Learn To Swim</i>	Eagle Ridge	14h00 - 15h00	U9 & U10	U11, U12 & Open	U9 & U10	U11, U12 & Open	
<i>Tennis</i>	Tennis Courts	14h00 - 15h00	Team Practice U11  Tennis Matches: U11 & Open Teams	Non-Team Practice U9 - U10	Team Practice Open	Non-Team Practice U9 - U10	
<i>Squash</i>	Squash Courts	14h00 - 15h00	Team Practice U11 & Open	Non-Team Practice U9 - U10	Non-Team Practice U11 & Open	Team Practice U11 & Open	
<i>Basic Hockey/Netball</i>	Astro/LHC	14:00 - 15:00	U11, U12 & Open Netball	U9 & U10 Hockey	U11,U12 & Open Hockey	U9 & U10 Netball	
<i>U13 Festival Netball &amp; Hockey</i>	LHC & Astro	14:00 - 15:00	<i>U13 Hockey and Netball Festival Trials, Saturday 26 January from 08:00 - 11:00  Practices start Thursday 31 January</i>			Gr 6&7	
<i>Chess</i>	Classroom	15h00 - 16h00	Chess Matches			All Ages	
<i>Canoeing</i>	Duzi	14h45 - 17h00					Gr 6 & 7

**PRIVATE EXTRA-MURAL ACTIVITIES (These are not classified as School Sports. School sport takes precedence over these activities.)**

<b>ACTIVITY</b>	<b>VENUE</b>	<b>TIMES</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<i>Ballet</i>	Squash Court	12h00 - 12h30			Grades RRR & RR		
		12h30 - 13h15			Grades R & 1		
		13h15 - 14h00			Grade 2		
	Art Room	14h15 - 15h00			Grades 3 & 4		
		15h00 - 15h45			Grade 5 & 6		
<i>Modern Dance</i>	Theatre Groups organised by teacher	15h15 - 16h45	Grades 3-7				
<i>Karate</i>	Atrium	15h00 - 16h00		Grade 7		Grade 7	
<i>Netball</i>	LHC	14h00 - 15h00	Grade 1 & 2				
		15h00 - 16h00	Grade 3 & 4		Grade 6 & 7	Grade 4 & 5	
<i>Tennis</i>	Tennis Courts	12h30 - 13h30	Grade 1 & 2				
		12h30 - 14h00		Grade RRR - R	Grade 1 & 2	Grade RRR - R	Grade 1 & 2
<i>Swimming</i>	Swimming Pool	12h20 - 13h00	Grade 1 & 2	Grade R	Grade 1 & 2	Grade R	Grade 1 & 2
<i>Elementary Gym</i>	LHC	12h30 - 13h00	Grades RRR & RR				
		13h00 - 13h30	Grades R & 1				
		13h30 - 14h00	Grades 1 & 2				
<i>Spanish Flamenco Dancing</i>	Squash Court	12h30 - 13h15	Grade RR & R				
		13h15 - 14h00	Grade 1 & 2				