

TWC SENIOR SCHOOL SPORTS TIMETABLE TERM 3: 2018

It is compulsory to do at least one sport per term for Grades 8 – 11

SPORT	VENUE	TIMES	MON	TUES	WED	THURS	FRI
ATHLETICS	Top Field	15:00 - 16:00	JUNIOR SCHOOL ATHLETICS	Track & Field	JUNIOR SCHOOL ATHLETICS		SATURDAYS Athletics Meets
CORE & FITNESS	LHC S Science	15:00 – 16:00			Pilates (Cost involved)	Zumba (No cost) Kettlebells (Cost involved)	
BASKETBALL	LHC Court 6 Court 7	15:00 - 16:00	U14 (court 7)	U14 & 2 nd (court 7 & LHC)	MATCHES	2 nd & U15 (court 6 & 7)	
		16:00 - 17:00	U15 (court 7)	1 st & U16 (court 7 & LHC)		1 st & U16 (court 7 & LHC)	
CANOEING	Drift	15:00 - 17:00		All Ages		All Ages	
						Drift: Dice 17:00 – 19:00	
SLALOM	Pool	15:00 – 16:00	All Ages				
INDOOR HOCKEY (starts after Half-term)	LHC	15:00 – 16:00	Juniors (Gr 8-9)				
		16:00 – 17:00	Seniors (Gr 10-12)				
KARATE	Atrium	15:00 – 16:00		All Ages		All Ages	
SQUASH	Squash Courts	15:00 – 16:00	Beginner training	JUNIOR SCHOOL TRAINING		Senior Team Training	
		16:00 – 17:00			Intermediate training	Junior Team Training	
SOCCER	Eagle Ridge	15:00 – 16:00		Seniors (Gr 10-12)		MATCHES	
		16:00 – 17:00		Juniors (Gr 8-9)			
TENNIS	Tennis Courts	15:00 - 16:00	JUNIOR SCHOOL MATCHES (Courts 1 – 6)	MATCHES (courts 1 – 5)	Social Tennis (courts 1-4)	Team Training (courts 1 – 4)	
		16:00 - 17:00	Team Training (courts 1-6)		A Teams Training (courts 1-3)	Social Tennis (courts 1 – 4)	
WATER POLO (starts after Half-term)	Pool	15:00 – 16:00			Seniors (Gr 10-12)		
		16:00 – 17:00			Juniors (Gr 8-9)		

ACTION NETBALL LEAGUE – Tuesday evenings
INDOOR HOCKEY LEAGUE – 1 evening TBC

Please note that Action Netball League and Indoor Hockey League will be a second sport option.