

TWC SENIOR SPORTS TIMETABLE

TERM 3: 2017

It is compulsory to do at least one sport per term for Grades 8 – 11

SPORT	VENUE	TIMES	MON	TUES	WED	THURS	FRI
ATHLETICS Track & Field	Top Field	15:00 – 16:00	Track & Field		Track	Field	SATURDAYS Athletics Meets
CORE & FITNESS	LHC Gym	15:00 – 16:00		Kettlebells (Cost involved)	-	Zumba (No cost) Pilates (Cost involved)	
BASKETBALL	LHC Court 6 & 7	15:00 – 16:00	U14 & U15 (court 7 & LHC)	U14 & 2 nd (court 7 & LHC)	MATCHES	2 nd team (court 7)	
		16:00 – 17:00		1 st , U16 & U15 (courts 6, 7, LHC)		1 st & U16 (court 7 & LHC)	
CANOEING	Drift	15:00 – 17:00		All Ages		All Ages	
						Drift: Dice 17:00 – 19:00	
CANOE SLALOM	Pool	15:00 – 16:00	All Ages				
		16:00 – 17:00	All Ages				
INDOOR HOCKEY (starts after half term)	LHC	15:00 – 16:00					Seniors (Gr10-12)
		16:00 – 17:00	Juniors (Gr 8-9)				
KARATE	Atrium	15:00 – 16:00		All Ages		All Ages	
SQUASH	Squash Courts	15:00 – 16:00	All Ages	JUNIOR SCHOOL TRAINING		Senior Training	
		16:00 – 17:00	All Ages	Junior Training		-	
SOCCER	Eagle Ridge	15:00 – 16:00		Seniors (Gr 10-12)		MATCHES	
		16:00 – 17:00		Juniors (Gr 8-9)			
TENNIS	Tennis Courts	15:00 – 16:00	JUNIOR SCHOOL MATCHES	MATCHES U19 Teams U15 Teams	U19B & U15B teams (Courts 1-4)	MATCHES Doubles Teams	
		16:00 – 17:00	Doubles teams and Social Tennis (Courts 1-6)		U19A & U15A teams (Courts 1-4)		
WATER POLO (starts after half term)	Pool	15:00 – 16:00			Seniors (Gr 10-12)		
		16:00 – 17:00			Juniors (Gr 8-9)		

ACTION NETBALL LEAGUE – Tuesday evenings

INDOOR HOCKEY LEAGUE – 1 x evening TBC

Please note that Action Netball League and Indoor Hockey League will be a 2nd sport option.